

## Reflection form

### Reflecting on my actions – P1 and P2

My name: \_\_\_\_\_

My class: \_\_\_\_\_

This can be used as a writing or speaking / drawing exercise (for the youngest children).

<b>1. What I have done?</b>	<b>2. What happened?</b>
<b>3. How do I feel?</b>  sad embarrassed alone guilty do not care good angry	<b>4. What will I do to change my attitude:</b>

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_  
Parents' signature

\_\_\_\_\_  
Pupil's signature

## Reflection form

### Reflecting on my actions – P3, P4 and P5

My name: \_\_\_\_\_ My class: \_\_\_\_\_

*After failing to follow the school rules I am ready to think about what happened and how I might improve my behaviour to ensure that I do not repeat these actions again. I know that I should not be verbally or physically abusive in the future.*

#### **1 - This is what I happened, including my own actions.**

*e.g. I was involved in a fight. In the fight I hurt another child. I was angry.*

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#### **2 – The impact of my behaviour (on myself, on others, on property)**

*e.g. I lost control of my feelings. I was physically hurt. The other person was physically hurt. The school had to spend a lot of time sorting things out. My parents were upset.*

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#### **3 - What I must do to put things right. What I must do to change my behaviour in the future.**

*e.g. I will take time to calm down. I will stop fighting with others. I will find peaceful solutions to problems with other children.*

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#### **4 – What will happen if I don't improve my behaviour.**

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Date \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_  
Parents' signature

\_\_\_\_\_  
Pupil's signature

## Letter to the parents

Date \_\_\_\_\_

Dear Parents/Guardians,

Please talk to your child and remind him/her of the importance of keeping the following rule/rules:

It is important that all children adhere to our code of conduct and follow our Golden Rules. Please talk to your child about their behaviour and remind them of the importance of behaving well at school.

Please complete and sign the letter below, returning it to the class teacher.

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To:

I have discussed this behaviour with my child and reminded them of the importance of good behaviour in school at all times.

Additional comments: